

CYBERSECURITY HEALTH CHECK QUIZ

How Secure is Your Organization?

Take this 2-minute quiz to see how your cybersecurity posture stacks up.

Instructions: Answer each question with “Yes” or “No.” Give yourself 1 point for every “Yes.” Then, total your score to see where you stand and what to do next.

- 1

Do you perform IT risk assessments at least once a year?

☐ Yes

☐ No
- 2

Is your perimeter secured with a next-generation firewall?

☐ Yes

☐ No
- 3

Do you have a formal incident response plan that’s tested at least once a year?

☐ Yes

☐ No
- 4

Has your organization had an external pen test or vulnerability scan in the past 12 months?

☐ Yes

☐ No
- 5

Do all employees complete annual cybersecurity awareness training?

☐ Yes

☐ No
- 6

Do you have continuous security monitoring (e.g., SIEM, MDR, EDR)?

☐ Yes

☐ No
- 7

Do you have a documented patch management policy that is regularly followed?

☐ Yes

☐ No
- 8

Do you have a documented access control policy?

☐ Yes

☐ No
- 9

Is sensitive data encrypted at rest and in transit?

☐ Yes

☐ No
- 10

Do you use multi-factor authentication (MFA) for privileged accounts?

☐ Yes

☐ No

Score 8-10 Strong Posture	Score 5-7 Moderate Risk	Score 0-4 High Risk
Great job—you’ve laid a solid foundation. Let’s explore advanced strategies to go even further. Book a Strategy Call	You’ve taken important steps, but gaps remain. Let’s fix the weak spots before attackers find them. Get a Free Advisory Session	Your organization may be exposed to serious cyber threats. We can help you get back on track. Schedule a Free Consultation

